

# Did you know that your EAP program offers easy and confidential access to licensed therapy online?

"It's just like seeing a therapist in a clinic, but without the hassle .."

"being able to book my sessions around my schedule allowed me to really focus on taking care of .. me."

"The unlimited texting is like having a best friend who's a therapist!"



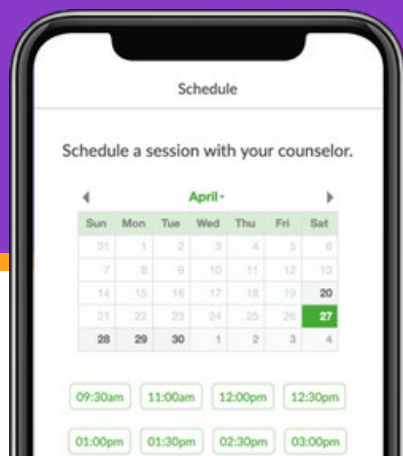
As part of the many benefits available to you through your employer, your EAP program offers convenient and direct access to a licensed therapist through Chat, Phone, or Video. **Anytime. Anywhere.**

Get matched with a licensed therapist **based on your own preferences** (gender, age, orientation, BIPOC, faith) **and needs** (Stress, Anxiety, LGBTQ, Depression, Couples Therapy, Teen Counseling, Addictions, Grief, etc.).

To schedule a telehealth appointment directly go to <https://profileeap.eapintake.com> fill out the registration form and click on SUBMIT. Click on the link on the confirmation email to schedule directly with BetterHelp

● To speak with  
Profile EAP staff call  
1-800-645-6571

Website: [https://lifeexpertnow.com/clients/profilecentura/pueblo\\_school/index.html](https://lifeexpertnow.com/clients/profilecentura/pueblo_school/index.html)



**Profile EAP**  
is the EAP provider  
chosen by your employer.

**BetterHelp** is the  
world's largest online  
therapy provider.

Partnering together to provide easy access,  
convenient, and confidential counseling services.

  
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